

FIRST	LAST	CITY	ST	GEN	BREWERY SUPPORTED	RACE	DATE	TIME	AGEGRP	LOCATION RACED	ROUTE
Kit	Phillips	Apex	NC	Male	Bond Brothers (Cary)	19k	4/5	1:29:52	40-44	Apex	
Chad	Lewis	Apex	NC	Male	Big Boss (Raleigh)	19k	4/4	1:32:55	50-54	Cary, NC	https://strava.app.link/XnpzRPyp5
Leigh	Mann	Harrisonburg	VA	Female	HopFly (Rocky Mount)	19k	4/4	1:35:46	35-39	Harrisonburg, VA	https://strava.app.link/FIHAOfRp5
David	Phipps	Clayton	NC	Male	Deep River (Clayton)	19k	4/4	1:35:54	50-54	Clayton	https://connect.garmin.com/modern/activity/4736183523
Alex	Drake	Cary	NC	Male	Bond Brothers (Cary)	19k	4/5	1:37:27	35-39	Cary, NC	https://www.strava.com/activities/3258466557
Nikolaus	Johnson	Garner	NC	Male	Bond Brothers (Cary)	19k	4/5	1:39:00	25-29	Garner	
Lisa	Meadows	Rocky Mount	NC	Female	Harlem South (Rocky Mount)	19k	4/4	1:39:12	45-49	Rocky Mount	Rocky Mount Greenways and Roads
Tim	Hahn	Cary	NC	Male	Bond Brothers (Cary)	19k	4/5	1:39:31	55-59	Cary, NC	https://www.strava.com/activities/3257999525/embed/39e95c8cbaf3d886a70a283a96633c37ee15fae
Jim	Fitch	Wilson	NC	Male	217 Brew Works (Wilson)	19k	4/4	1:43:13	45-49	Wilson	https://www.strava.com/activities/3253845500
Natalie	Bowman	Chapel hill	NC	Female	Lonerider (Raleigh & Wake Forest)	19k	4/4	1:45:00	40-44	Chapel hill	
Bill	Bryan	Raleigh	NC	Male	Big Boss (Raleigh)	19k	4/4	1:46:12	35-39	Raleigh	
Jane	McDaniel	Chapel Hill	NC	Female	Bond Brothers (Cary)	19k	4/4	1:48:00	30-34	Chapel Hill	https://connect.garmin.com/modern/activity/4737480031
Sean	Chastain	Raleigh	NC	Male	Trophy Brewing (Raleigh)	19k	4/5	1:48:15	35-39	Raleigh	https://strava.app.link/zPodAKjd5
Ken	Dean	Raleigh	NC	Male	Trophy Brewing (Raleigh)	19k	4/5	1:52:16	55-59	Apex, NC	https://www.strava.com/activities/3258502738
Charles	Bell	Raleigh	NC	Male	Trophy Brewing (Raleigh)	19k	4/5	1:53:07	50-54	Raleigh	https://www.strava.com/activities/3259739935
Courtney	Pitt	Tarboro	NC	Female	Tarboro Brewing (Tarboro)	19k	4/4	1:53:13	35-39	Tarboro	
Heather	Westberg	Wilson	NC	Female	HopFly (Rocky Mount)	19k	4/4	1:59:48	40-44	Wilson	https://strava.app.link/eXBLnVNp5
Lauren	Lowery	Raleigh	NC	Female	Trophy Brewing (Raleigh)	19k	4/5	2:00:50	30-34	Raleigh	https://connect.garmin.com/modern/activity/4742854077?share_unique_id=6
Dorothy	Binkley	Nashville	NC	Female	Koi Pond (Rocky Mount)	19k	4/2	2:01:43	50-54	Nashville	
Allison	Binkley	Nashville	NC	Female	Koi Pond (Rocky Mount)	19k	4/2	2:01:43	20-24	Nashville	
Chad	Haefele	durham	NC	Male	Ponysaurus (Durham)	19k	4/4	2:04:13	35-39	Durham	https://www.strava.com/activities/3253695973/overview
Kimberly	Rooney	Cary	NC	Female	Bond Brothers (Cary)	19k	4/3	2:07:31	20-24	Cary	https://strava.app.link/lssGigulq5
Hailey	Hamalainen	Raleigh	NC	Female	Big Boss (Raleigh)	19k	4/4	2:20:00	35-39	Raleigh	
Eric	Hamalainen	Raleigh	NC	Male	Big Boss (Raleigh)	19k	4/4	2:20:00	40-44	Raleigh	
Anna	Knight	Durham	NC	Female	Ponysaurus (Durham)	19k	4/5	2:23:44	25-29	Durham	https://strava.app.link/5eJ8bmpQr5
Demetrius	Smith	Wilson	NC	Male	Koi Pond (Rocky Mount)	19k	4/5	2:26:32	45-49	Wilson	Nike Run App
Lisa	Walker	Cary	NC	Female	Bond Brothers (Cary)	19k	4/2	2:28:54	50-54	Cary	
Laurie	Amagan	Durham	NC	Female	Ponysaurus (Durham)	19k	4/4	2:30:30	45-49	Durham	https://strava.app.link/gHgnk4TKp5
Abdi	Salahshour	Raleigh	NC	Male	Bond Brothers (Cary)	19k	4/4	2:31:32	65-69	Apex	American Tobacco Trail at 16.5 Mile Marker.
Adam	Garrido	Apex	NC	Male	Bond Brothers (Cary)	19k	4/3	2:32:26	35-39	Raleigh	
Cheryl	Koppel	Saint Paul	MN	Female	Ponysaurus (Durham)	19k	4/4	2:37:00	55-59	Saint Paul	
FIRST	LAST	CITY	ST	GEN	BREWERY SUPPORTED	RACE	DATE	TIME	AGEGRP	LOCATION RACED	ROUTE
Caroline	Goray	Raleigh	NC	Female	Trophy Brewing (Raleigh)	5k	4/1	0:21:04	20-24	Raleigh	
Dayne	Batten	Cary	NC	Male	Bond Brothers (Cary)	5k	4/2	0:22:50	30-34	Cary	https://www.strava.com/activities/3246839003
Jacqueline	Valesko	Clayton	NC	Female	Deep River (Clayton)	5k	4/3	0:24:22	55-59	Clayton	
Owen	Duckworth	Raleigh	NC	Male	Bond Brothers (Cary)	5k	4/3	0:24:28	40-44	Raleigh	
Jennifer	Zimmerman	Winterville	NC	Female	Pitt Street (Greenville)	5k	4/4	0:24:29	30-34	Winterville, NC	https://www.strava.com/athletes/36739753
Lisa	Meadows	Rocky Mount	NC	Female	Tarboro Brewing (Tarboro)	5k	4/2	0:24:31	45-49	Rocky Mount	Mill 5k Route
Colin	McNevin	Raleigh	NC	Male	Oak City (Knightdale)	5k	4/2	0:25:09	35-39	Raleigh	https://connect.garmin.com/modern/activity/4729876543
Scott	Fringer	Fuquay Varina	NC	Male	Mason Jar (Fuquay-Varina)	5k	4/3	0:25:18	50-54	Fuquay-Varina	
Kerrie	Goray	Raleigh	NC	Female	Trophy Brewing (Raleigh)	5k	4/1	0:25:35	60-64	Raleigh	
Rayna	Janssen	Knightdale	NC	Female	Oak City (Knightdale)	5k	4/2	0:25:37	30-34	Knightdale	
David	Laboy	Durham	NC	Male	Ponysaurus (Durham)	5k	4/1	0:25:48	40-44	Durham	
Karen	Anderson	Apex	NC	Female	Double Barley (Smithfield)	5k	4/11	0:25:54	50-54	Apex	
Joshua	Janssen	Knightdale	NC	Male	Oak City (Knightdale)	5k	4/2	0:26:47	30-34	Knightdale	
Michele	Rebelo	Fayetteville	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/2	0:27:00	45-49	Fayetteville	
Jared	McMullen	Holly Springs	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/4	0:27:07	35-39	Fuquay-Varina	
Melissa	Blalock	Fuquay Varina	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/4	0:27:24	35-39	Fuquay Varina	

Virginia	Lyon	Raleigh	NC	Male	Big Boss (Raleigh)	5k	4/5	0:27:30	35-39	Raleigh	
Sarah	Larson	Holly Springs	NC	Female	Bond Brothers (Cary)	5k	4/4	0:27:32	30-34	Holly Springs	
Lindsey	Allen	Clayton	NC	Female	Deep River (Clayton)	5k	4/5	0:27:39	30-34	Clayton	https://connect.garmin.com/modern/activity/4742670630?share_unique_id=2
Thomas	Neal	Wake Forest	NC	Male	White Street (Wake Forest)	5k	4/1	0:28:10	55-59	Wake Forest	
Pamela	Klementowska	Fuquay Varina	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/3	0:28:34	20-24	Fuquay-Varina	
James	Burrows	Raleigh	NC	Male	Trophy Brewing (Raleigh)	5k	4/3	0:28:40	50-54	Raleigh	https://strava.app.link/IQwEj5bo5
Mark	Yates	Fuquay Varina	NC	Male	Mason Jar (Fuquay-Varina)	5k	4/3	0:28:41	50-54	Carolina Beach	Nike Run Club
Mark	Yates	Fuquay Varina	NC	Male	Mason Jar (Fuquay-Varina)	5k	4/3	0:28:41	50-54	Carolina Beach	Nike Run Club
Stephen	Waits	Boone	NC	Male	Boondocks (West Jefferson)	5k	4/1	0:28:43	40-44	Boone	
Jennifer	Muir	Winterville	NC	Female	Pitt Street (Greenville)	5k	4/2	0:29:06	40-44	Greenville	
Samantha	McGarry	Raleigh	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/4	0:29:25	25-29	Raleigh	
Ursula	Forrester	Rocky Mount	NC	Female	BDD (Rocky Mount)	5k	4/3	0:29:37	45-49	Rocky Mount	https://www.strava.com/activities/3250536192
paula	Clark	Zebulon	NC	Female	Deep River (Clayton)	5k	4/5	0:29:51	45-49	Clayton	
Emily	Carter	Zebulon	NC	Female	217 Brew Works (Wilson)	5k	4/1	0:30:42	25-29	Wilson	
Lea	Chan	Raleigh	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/2	0:30:51	40-44	Raleigh	
Jennifer	Edwards	Raleigh	NC	Female	Funguys (Raleigh)	5k	4/3	0:31:00	50-54	Raleigh	
Slade	Inscoe	Cary	NC	Male	Bond Brothers (Cary)	5k	4/2	0:31:23	50-54	Cary	
Randy	Ellis	Durham	NC	Male	Ponysaurus (Durham)	5k	4/3	0:31:25	55-59	Durham	Third Fork Trail
Kathy	Prichard	Durham	NC	Female	Ponysaurus (Durham)	5k	4/2	0:31:38	55-59	Durham	
Chris	Connelly	CARY	NC	Male	Bond Brothers (Cary)	5k	4/1	0:31:54	30-34	Cary	
Christopher	Kyle	Tarboro	NC	Male	Tarboro Brewing (Tarboro)	5k	4/2	0:31:58	25-29	Tarboro	
Chip	Galusha	Farmville	NC	Male	Pitt Street (Greenville)	5k	4/4	0:32:23	55-59	Greenville	https://www.strava.com/activities/3255156820
Kaela	Kelly	Durham	NC	Female	Ponysaurus (Durham)	5k	4/2	0:32:29	25-29	Durham	https://strava.app.link/NZhx7A72m5
Grace	Regalado	Raleigh	NC	Female	Oak City (Knightdale)	5k	4/2	0:32:50	30-34	Raleigh	https://connect.garmin.com/modern/activity/4729897180
Dawn	Croissant	Wake Forest	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/1	0:32:54	35-39	Wake Forest	
Melanie	Dixon	Whitakers	NC	Female	Tarboro Brewing (Tarboro)	5k	4/5	0:32:55	35-39	Whitakers/Leggett	
Christopher	DeFusco	Cary	NC	Male	Bond Brothers (Cary)	5k	4/1	0:34:10	40-44	Cary	
David	Krucznicki	Raleigh	NC	Male	Trophy Brewing (Raleigh)	5k	4/4	0:34:21	65-69	Raleigh	
Charlene	Outland	Rocky Mount	NC	Female	HopFly (Rocky Mount)	5k	4/1	0:34:51	40-44	Rocky Mount	
tommy	outland	Rocky Mount	NC	Male	HopFly (Rocky Mount)	5k	4/1	0:34:52	40-44	Rocky Mount	
Dre	Anthes	Spotsylvania	VA	Female	Tobacco Wood (Oxford)	5k	4/1	0:35:30	35-39	Spotsylvania	
Hillary	Lockemer	Raleigh	NC	Female	Big Boss (Raleigh)	5k	4/2	0:35:51	40-44	Raleigh	
Jordan	Glass	Raleigh	NC	Male	Trophy Brewing (Raleigh)	5k	4/4	0:36:27	30-34	Raleigh	
Danielle	Livy	Apex	NC	Female	Bond Brothers (Cary)	5k	4/30	0:36:30	30-34	Apex	
Ann	Ess	Rocky Mount	NC	Female	Koi Pond (Rocky Mount)	5k	4/4	0:37:00	50-54	Rocky Mount	West Haven & Greenway trail
Jenn	Pierce	Apex	NC	Female	Bond Brothers (Cary)	5k	4/4	0:37:08	30-34	Apex	Lake Pine Trail
Linda	Gaviria	Cary	NC	Female	Bond Brothers (Cary)	5k	4/5	0:38:29	60-64	Cary, NC	
Nicole	Ulrey	Apex	NC	Female	Bond Brothers (Cary)	5k	4/1	0:38:51	45-49	Apex	
Caroline	Forrester	Rocky Mount	NC	Female	HopFly (Rocky Mount)	5k	4/2	0:39:29	20-24	Rocky Mount	
Reginald	Roberts	Holly Springs	NC	Male	Bond Brothers (Cary)	5k	4/3	0:39:44	40-44	Holly Springs	
Todd	Allred	Oxford	NC	Male	Tobacco Wood (Oxford)	5k	4/1	0:39:59	45-49	Oxford	
Tiffany	Frampton	HOLLY SPRINGS	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/4	0:40:00	45-49	Holly Springs	
Katelyn	Glass	Raleigh	NC	Female	Trophy Brewing (Raleigh)	5k	4/4	0:41:26	30-34	Raleigh	
Brenda	Arellano	Cary	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/4	0:41:31	35-39	Cary	
Jennifer	Spencer	Raleigh	NC	Female	Trophy Brewing (Raleigh)	5k	4/2	0:41:33	40-44	Raleigh	
Cheryl	Klein	Durham	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/4	0:43:14	50-54	Durham	https://www.strava.com/activities/3255443788
Patricia	Behrle	Raleigh	NC	Female	Oak City (Knightdale)	5k	4/2	0:43:20	60-64	Raleigh	
Foy	Yates	Fuquay-Varina	NC	Female	Mason Jar (Fuquay-Varina)	5k	4/1	0:44:47	50-54	Fuquay-Varina	
Glenn	Watchorn	Goldsboro	NC	Male	Koi Pond (Rocky Mount)	5k	4/2	0:45:08	45-49	Goldsboro	

Rockelle	Gelety	Morrisville	NC	Female	Bond Brothers (Cary)	5k	4/4	0:45:13	25-29	Morrisville	
william	coleman	Mooreville	NC	Male	Tarboro Brewing (Tarboro)	5k	4/4	0:45:54	35-39	Charlotte NC	US National White Water Center
Kelly	Cheek	Burlington	NC	Female	Bond Brothers (Cary)	5k	4/4	0:46:35	40-44	Raleigh	
Claire	Church	Garner	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/1	0:48:13	40-44	Garner	
Sara	Dowd	Raleigh	NC	Female	Bond Brothers (Cary)	5k	4/4	0:49:47	40-44	Raleigh	
Nicola	Mueller	Knightdale	NC	Female	Oak City (Knightdale)	5k	4/3	0:55:57	50-54	Knightdale	https://strava.app.link/75RoxYrTp5
Tina	Joyner	Nashville	NC	Female	HopFly (Rocky Mount)	5k	4/2	0:58:15	50-54	Nashville	
Katherine	Rand	Zebulon	NC	Female	Lonerider (Raleigh & Wake Forest)	5k	4/4	1:00:43	40-44	Zebulon	My neighborhood
Robert	Heloskie	Zebulon	NC	Male	Trophy Brewing (Raleigh)	5k	4/4	1:00:43	45-49	Zebulon	My neighborhood
Judie	Taylor	Cary	NC	Female	Bond Brothers (Cary)	5k	4/4	1:10:00	45-49	Cary	
Mark	Fernandez	Raleigh	NC	Male	Bond Brothers (Cary)	5k	4/4	1:10:00	35-39	Raleigh	
Sierra	Potter	Knightdale	NC	Female	Oak City (Knightdale)	5k	4/5	1:15:23	30-34	Raleigh	
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